

### Øvelse 1. 100m bryst, damer

1	Tina Hosøy Nordås	01	BS-LK	1.22,25
2	Stine Rotseth	03	BS-LK	1.23,93
3	Katy Pettersen	02	BS-LK	1.27,25
4	Melanija Silina	06	BS-LK	1.28,56
5	Helene Hana Solberg	01	BS-LK	1.30,41
6	Tonje Merethe Lid Rasmussen	04	BS-LK	1.33,28
7	Vilde Roald Strand	05	BS-LK	1.34,44
8	Emilie Nicoline Korneliussen	06	BS-LK	1.35,10
9	Pernille Norheim	06	BS-LK	1.35,91
10	Vilde Lillefosse	06	BS-LK	1.41,65
11	Mathilde Sletten	06	BS-LK	1.46,07
12	Synne Sollesnes Johannessen	06	BS-LK	1.51,94
13	Kristine Borsholm	06	BS-LK	1.53,00
14	Sunniva Wiken	06	BS-LK	1.58,03

### Øvelse 2. 100m bryst, herrer

1	Sindre Kampen Nesheim	01	BS-LK	1.12,90
2	Christopher Johnsen Skar	03	BS-LK	1.15,82
3	Joakim Throndsen	00	BS-LK	1.17,35
4	Alexander Bajo	05	BS-LK	1.18,90

### Øvelse 3. 25m fri, damer (kursbarn)

1	Selene Kleiven Henriksen	10	BS-LK	23,96
2	Ovlya Amirthanathan	09	BS-LK	24,90
3	Kavya Amirthanathan	09	BS-LK	25,09
4	Amalie Hjørnevik Gjerde	10	BS-LK	27,59
5	Sunniva Iben Svanevik	11	BS-LK	30,22
6	Lilly Aune-Scott	10	BS-LK	30,47
7	Mari Hundven	10	BS-LK	31,41
8	Clara Jørgensen	10	BS-LK	34,13
9	Athene Omenaas	11	BS-LK	34,65
10	Eirin Pleyrn Grønhaug	10	BS-LK	35,60
11	Agnes Cutler Melve	11	BS-LK	35,63
12	Henriette Grimen Gripsgård	11	BS-LK	35,72
13	Shivi Tiwari	10	BS-LK	38,59
14	Liv Naledi Grutle Hansen	08	BS-LK	39,37
15	Linnea Gjerde	11	BS-LK	42,47
16	Kristin Røst Skar	11	BS-LK	42,91
17	Eli Stangenes Johannessen	13	BS-LK	58,91

### Øvelse 4. 25m fri, herrer (kursbarn)

1	Walter Pulg	09	BS-LK	23,50
2	Peter Sollesnes Johannessen	09	BS-LK	26,94
3	Lars Sollesnes Johannessen	09	BS-LK	28,16
4	Mathias Aglen	11	BS-LK	28,38
5	Aksel Strandenes	11	BS-LK	29,03
6	Tobias Kirkevik	10	BS-LK	30,69
7	Sverre Strømmen Nerheim	10	BS-LK	33,32
8	Leif Stangenes Johannessen	10	BS-LK	36,50
9	Thien Nguyen-Trinh	10	BS-LK	38,96

10	Casper Johannes Strøm Abusdal	09	BS-LK	39,64
11	Bjarne Stafseth	12	BS-LK	45,06

### Øvelse 5. 50m bryst, damer

1	Alise Pettersen	07	BS-LK	46,38
2	Sara Rotseth	07	BS-LK	47,57
3	Margrethe Løhre Aass	08	BS-LK	50,66
4	Samanta Silina	10	BS-LK	50,81
5	Dina Pleyrn Grønhaug	07	BS-LK	52,50
6	Dina Aune-Scott	08	BS-LK	53,56
7	Annelie Mania	09	BS-LK	54,34
8	Hannah Kirkevik	08	BS-LK	54,38
9	Kristine Rønnestad	08	BS-LK	55,03
10	Sina Aasebø	08	BS-LK	55,06
11	Olivia Eiken Kvasheim	10	BS-LK	59,81
12	Nora Kristin Wiken	09	BS-LK	1.00,78
13	Amelie Elholt-Domaingue	09	BS-LK	1.03,63
14	Kaisa Linnea Kjærstad Raunlid	08	BS-LK	1.04,21
15	Zara Isabella Fretheim	11	BS-LK	1.09,44
16	Clara Jørgensen	10	BS-LK	1.22,18
17	Henriette Grimen Gripsgård	11	BS-LK	1.26,93

### Øvelse 6. 50m bryst, herrer

1	Daniel Marinov	07	BS-LK	41,94	<b>NY CUP REKORD</b>
2	Robert Leander Liseth-Hansen	07	BS-LK	43,82	
3	Alexander Fomin	07	BS-LK	51,43	
4	Marco Simonsen	08	BS-LK	51,82	
5	Bjørnar Andersen Sleire	08	BS-LK	52,22	
6	Stian Jårvik	08	BS-LK	54,00	
7	Teodor Luttgjes Fyllingen	08	BS-LK	54,66	
8	Johannes Aglen	09	BS-LK	55,13	
9	Kristian Halstensen	09	BS-LK	1.02,84	
10	Lars Sollesnes Johannessen	09	BS-LK	1.04,37	
11	Cong Ly Pham	08	BS-LK	1.05,94	
12	Artem Bragin	08	BS-LK	1.11,22	
13	August Lunde Bjørgo	09	BS-LK	1.12,62	
14	Peter Sollesnes Johannessen	09	BS-LK	1.13,03	

### Øvelse 7. 50m fri, damer

1	Tina Hosøy Nordås	01	BS-LK	29,35
2	Katy Pettersen	02	BS-LK	29,97
3	Stine Rotseth	03	BS-LK	30,06
4	Tonje Merethe Lid Rasmussen	04	BS-LK	32,06
5	Thea Maria Nilsen	01	BS-LK	32,22
6	Helene Hana Solberg	01	BS-LK	32,69
7	Vilde Roald Strand	05	BS-LK	32,75
7	Vilde Lillefosse	06	BS-LK	32,75
9	Marte Pleyrn Grønhaug	04	BS-LK	32,91
10	Alise Pettersen	07	BS-LK	33,88
11	Victoria Ann Kvilekval	05	BS-LK	33,96
12	Pernille Norheim	06	BS-LK	35,28
13	Sara Rotseth	07	BS-LK	35,47

14	Melanija Silina	06	BS-LK	35,84
15	Mathilde Sletten	06	BS-LK	35,90
16	Emilie Nicoline Korneliussen	06	BS-LK	37,00
17	Dina Aune-Scott	08	BS-LK	37,47
18	Samanta Silina	10	BS-LK	38,37
19	Sunniva Wiken	06	BS-LK	40,64
20	Kristine Borsholm	06	BS-LK	40,90
21	Sina Aasebø	08	BS-LK	41,07
22	Dina Pleyrn Grønhaug	07	BS-LK	41,66
23	Hannah Kirkevik	08	BS-LK	41,97
24	Margrethe Løhre Aass	08	BS-LK	42,24
25	Kristine Rønnestad	08	BS-LK	42,44
26	Annelie Mania	09	BS-LK	43,53
27	Synne Sollesnes Johannessen	06	BS-LK	44,38
28	Nora Kristin Wiken	09	BS-LK	48,75
29	Olivia Eiken Kvasheim	10	BS-LK	51,53
30	Zara Isabella Fretheim	11	BS-LK	54,66
31	Mari Hundven	10	BS-LK	1.14,69
32	Clara Jørgensen	10	BS-LK	1.15,72
33	Liv Naledi Grutle Hansen	08	BS-LK	1.32,66

### Øvelse 8. 50m fri, herrer

1	Sindre Kampen Nesheim	01	BS-LK	26,82
2	Joakim Throndsen	00	BS-LK	26,88
3	Christopher Johnsen Skar	03	BS-LK	27,97
4	Alexander Bajo	05	BS-LK	28,46
5	Simon Tangenes	04	BS-LK	30,16
6	Robert Leander Liseth-Hansen	07	BS-LK	35,82
7	Daniel Løhre Aass	06	BS-LK	36,27
8	Marco Simonsen	08	BS-LK	37,72
9	Stian Jårvik	08	BS-LK	39,40
10	Bjørnar Andersen Sleire	08	BS-LK	41,28
11	Teodor Luttgjes Fyllingen	08	BS-LK	41,75
12	Alexander Fomin	07	BS-LK	43,44
13	Johannes Aglen	09	BS-LK	43,91
14	Kristian Halstensen	09	BS-LK	47,47
15	Artem Bragin	08	BS-LK	47,78
16	Peter Sollesnes Johannessen	09	BS-LK	1.02,12
17	Sverre Strømmen Nerheim	10	BS-LK	1.14,66

### Øvelse 9. 100m individuell medley, damer

1	Tina Hosøy Nordås	01	BS-LK	1.11,44
2	Katy Pettersen	02	BS-LK	1.12,04
3	Stine Rotseth	03	BS-LK	1.14,56
4	Helene Hana Solberg	01	BS-LK	1.20,35
5	Thea Maria Nilsen	01	BS-LK	1.21,97
6	Tonje Merethe Lid Rasmussen	04	BS-LK	1.22,85
7	Vilde Lillefosse	06	BS-LK	1.23,37
8	Melanija Silina	06	BS-LK	1.24,25
9	Alise Pettersen	07	BS-LK	1.26,34
10	Pernille Norheim	06	BS-LK	1.29,31
11	Victoria Ann Kvilekval	05	BS-LK	1.29,34
12	Sara Rotseth	07	BS-LK	1.29,63
13	Mathilde Sletten	06	BS-LK	1.33,38
14	Emilie Nicoline Korneliussen	06	BS-LK	1.33,41
15	Andrea Johansen	04	BS-LK	1.34,13

16	Samanta Silina	10	BS-LK	1.38,69
17	Dina Aune-Scott	08	BS-LK	1.39,10
18	Sina Aasebø	08	BS-LK	1.43,12
19	Hannah Kirkevik	08	BS-LK	1.44,31
20	Kristine Rønnestad	08	BS-LK	1.46,25
21	Sunniva Wiken	06	BS-LK	1.46,44
22	Dina Pleyrn Grønhaug	07	BS-LK	1.48,57
23	Synne Sollesnes Johannessen	06	BS-LK	1.50,29
24	Annelie Mania	09	BS-LK	1.51,57
25	Kristine Borsholm	06	BS-LK	1.52,16
26	Liva Holme Sandvik	08	BS-LK	1.59,81
27	Olivia Eiken Kvasheim	10	BS-LK	2.00,44
28	Kaisa Linnea Kjærstad Raunlid	08	BS-LK	2.06,29
29	Amelie Elholt-Domaingue	09	BS-LK	2.13,91
30	Zara Isabella Fretheim	11	BS-LK	2.16,94

### Øvelse 10. 100m individuell medley, herrer

1	Sindre Kampen Nesheim	01	BS-LK	1.06,07
2	Joakim Throndsen	00	BS-LK	1.06,72
3	Christopher Johnsen Skar	03	BS-LK	1.08,81
4	Alexander Bajo	05	BS-LK	1.14,37
5	Daniel Marinov	07	BS-LK	1.18,19
6	Simon Tangenes	04	BS-LK	1.25,15
7	Robert Leander Liseth-Hansen	07	BS-LK	1.30,91
8	Daniel Løhre Aass	06	BS-LK	1.39,62
9	Marco Simonsen	08	BS-LK	1.40,31
10	Alexander Fomin	07	BS-LK	1.41,94
11	Bjørnar Andersen Sleire	08	BS-LK	1.45,50
12	Kristian Halstensen	09	BS-LK	2.09,37

### Øvelse 11. 50m individuell medley, damer Rygg/Crawl

1	Selene Kleiven Henriksen	10	BS-LK	57,85
2	Lilly Aune-Scott	10	BS-LK	1.06,85
3	Clara Jørgensen	10	BS-LK	1.12,46

### Øvelse 12. 50m individuell medley, herrer rygg/crawl

1	Peter Sollesnes Johannessen	09	BS-LK	1.10,47
2	Lars Sollesnes Johannessen	09	BS-LK	1.11,00

### 25m kick, damer

1	Tina Hosøy Nordås	01	BS-LK	14,66
2	Katy Pettersen	02	BS-LK	14,82
3	Stine Rotseth	03	BS-LK	15,31
4	Tonje Merethe Lid Rasmussen	04	BS-LK	15,66
5	Victoria Ann Kvilekval	05	BS-LK	17,09
6	Thea Maria Nilsen	01	BS-LK	17,57
7	Sara Rotseth	07	BS-LK	17,81
8	Vilde Lillefosse	06	BS-LK	18,00
9	Marte Pleyrn Grønhaug	04	BS-LK	18,62

10	Helene Hana Solberg	01	BS-LK	18,78
11	Pernille Norheim	06	BS-LK	19,50
12	Alise Pettersen	07	BS-LK	20,06
13	Vilde Roald Strand	05	BS-LK	20,88
14	Dina Aune-Scott	08	BS-LK	21,85
15	Hannah Kirkevik	08	BS-LK	23,68
16	Emilie Nicoline Korneliussen	06	BS-LK	24,72
17	Sina Aasebø	08	BS-LK	26,71
18	Liva Holme Sandvik	08	BS-LK	27,56
19	Kristine Borsholm	06	BS-LK	29,00
20	Henriette Grimen Gripsgård	11	BS-LK	40,28
21	Eli Stangenes Johannessen	13	BS-LK	43,57
22	Clara Jørgensen	10	BS-LK	44,69

### 25m kick, herrer

1	Joakim Throndsen	00	BS-LK	13,94
2	Sindre Kampen Nesheim	01	BS-LK	15,09
3	Alexander Bajo	05	BS-LK	15,34
4	Christopher Johnsen Skar	03	BS-LK	15,81
5	Simon Tangenes	04	BS-LK	16,66
6	Daniel Marinov	07	BS-LK	18,72
7	Marco Simonsen	08	BS-LK	23,56
8	Bjørnar Andersen Sleire	08	BS-LK	24,94
9	Robert Leander Liseth-Hansen	07	BS-LK	25,12
10	Kristian Halstensen	09	BS-LK	30,31